
2023LSCA STANDARDS Long Course Meters**Girls 8 & Under**

	A
50 Free	57.39
50 Back	1:07.14
50 Breast	1:15.74

Girls 9-10

	A
50 Free	43.74
50 Back	55.81
50 Breast	1:01.64

Girls 10 & Under

	A
50 Fly	1:01.51

Girls 11-12

	A
50 Free	38.64
50 Back	50.15
50 Breast	50.22
50 Fly	45.40

Girls 13-14

	A
50 Free	36.38
50 Back	45.37
50 Breast	48.82
50 Fly	41.36

Girls 15-18

	A
100 Free	1:20.16
50 Back	42.07
50 Breast	47.04
50 Fly	39.04

Boys 8 & Under

	A
50 Free	56.83
50 Back	1:06.22
50 Breast	1:16.53

Boys 9-10

	A
50 Free	46.04
50 Back	57.06

2023LSCA STANDARDS Long Course Meters

50 Breast 1:00.50

Boys 10 & Under**A**

50 Fly 59.66

Boys 11-12**A**

50 Free 41.68

50 Back 55.52

50 Breast 59.25

50 Fly 52.47

Boys 13-14**A**

50 Free 35.16

50 Back 45.10

50 Breast 47.32

50 Fly 42.48

Boys 15-18**A**

100 Free 1:09.73

50 Back 39.08

50 Breast 40.07

50 Fly 33.75
